



Ma'moul (Pink Walnut) Energy Bites



These healthy protein-packed energy bites make the perfect snack! All you have to do is throw your soon to become favourite healthy energy bites ingredients into a food processor, blend, form into a ball, and enjoy.

This No-Bake Pink walnut energy bites recipe is easy to make, full of feel-good ingredients, and is irresistibly delicious.



Step 1

To make these energy bites, simply add all ingredients except for the pink dragon fruit powder to a food processor and blitz to combine.

Ingredients

- 2 cups of walnut
- 13-15 medjool dates pitted
- 4 tablespoon vanilla protein powder
- ½ teaspoon nutmeg ground
- 1 tablespoon orange blossom water
- Pink Pitaya Dragon Fruit Powder



Step 2

Roll into equal size balls about 15 grams in weight each.

In a small flat plate or on a non-stick paper add pink pitaya Dragon fruit powder, and roll the balls to coat.

Cook's Note

*Store in an airtight container for up to 2 week.



As we say in Arabic, Sahtan - Enjoy in Good Health.

